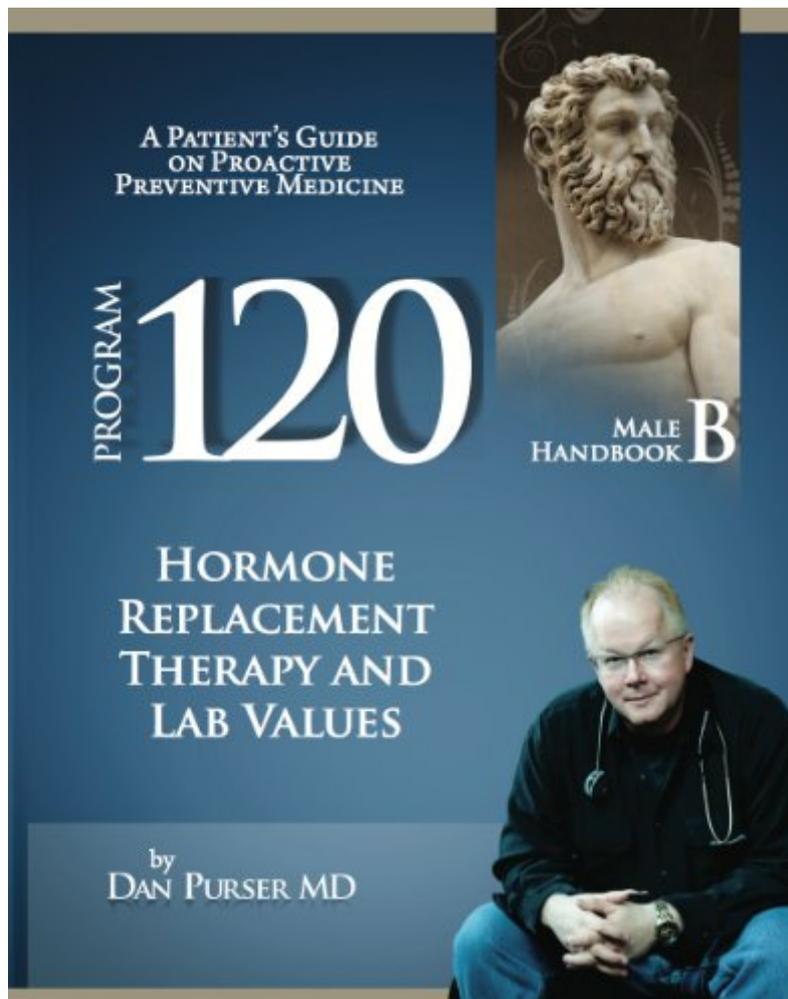


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# Program 120 Male Handbook B: A Referenced Guide To Testosterone, Thyroid, HGH Human Growth Hormone, High Blood Pressure, Hypertension, Impotence, Osteoporosis, ... Medicine Patient Handbooks For Males)





## Synopsis

Program 120 Male B Handbook on Preventive Medicine: A condensed version of the last half (on the benefit of hormones) of his famous Program 120 textbook on disease prevention, in this book Dr. Purser, a pituitary endocrinology researcher, lecturer and author, discusses normal lab values in men. He addresses proper testing, diagnoses, and hormone replacement therapy for hormones such as; somatropin, testosterone, thyroid, melatonin, and DHEA. Everything is highly referenced and researched. He also gives steps on how to make your levels normal and to make your life better!

## Book Information

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## Customer Reviews

Dr. Purser's Information is so good to have for both men and women. I highly recommend reading any and all of his publications if you get a chance. He is very generous and offers many free downloads here on , too.

Once again Dan Purser MD has hit the mark in making health information relevant and understanding. I recommend this book to many of my male patients. It's easy to understand and

gives them vital information on male health issues. I strongly recommend this book to anyone looking to attain and maintain their health or the health of a spouse or partner.

Dr. Purser makes a very important point about fitness that I haven't seen made elsewhere! He says that the most important factor in death and disease prevention is fitness level! See his book for specifics! I am not a doctor!

Once again Dr. Purser has shared a wealth of knowledge so that we can better our health and quality of our lives by sharing his book with us. This book as well as all his others have given me and my husband and all those who we have shared this with such a new vibrant look at our health. In 6 months of following the Program 120 guidelines for women I feel like I have added youthfulness to my life. And at 60 years old, who could ask for more!!

It's all about the pituitary gland. Thank you Dr. Purser! I have started following your guidelines over the past month and am finally getting results in all areas. There is VALOR in Dr. Purser's pursuit of finding each person's natural hormonal balance.

Dr Purser is so knowledgeable in the subject of men's and women's hormones. I love the humor he throws into all the medical terminology. It gives me VALOR to take control of my health and take it back. Thanks Dr P! I highly recommend.

Thanks for writing another wonderful book that helps to put our health in our own hands. I'm so grateful that you share the knowledge you have from years of practice and study so that our health can improve as we understand more of what's going on with our own bodies. You are a wonderful educator! I love to continue to learn and you provide the trusted information! Pituitary!

I really appreciate how you've cut to the chase and given readers just what we need to know without any fluff. The book was timely as I just visited my endocrinologist and was able to confidently ask for a switch from levothyroxine to Armour for my thyroid med. Looking forward to implementing many of the other suggestions as well. Thanks Dr. Purser! Here's to pituitary!!

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